

Insightful interviews with a Whoâ€™s Who of the worldâ€™s foremost therapists. *Therapys Best* is a lively and entertaining collection of one-on-one interviews with some of the top therapists and counselors in the world. Educator and psychotherapist Dr. Howard G. Rosenthal talks with twenty of therapyâ€™s legends, including Albert Ellis, arguably the greatest clinical psychologist and therapist of our time; assertiveness training pioneer Robert Alberti; experiential psychotherapist Al Mahrer; and William Glasser, the father of reality therapy and choice theory. Each interview reveals insights into the therapistsâ€™ personal lives, their observations on counseling, and the helping profession in general, and their thoughts on what really works when dealing with clients in need. The interviews found in *Therapys Best* uncover treatment strategies that are often missing from traditional textbooks, journal articles, courses, and seminars related to assertiveness training, Rational Emotive Behavior Therapy (REBT), marriage and family counseling, transactional analysis, psychoanalysis, suicide prevention, voice therapy, experiential psychotherapy, and Emotion Focused Therapy (EFT). Conversations with the â€œbest and brightestâ€• (including two recipients of the American Psychological Associationâ€™s Division of Psychotherapyâ€™s â€œLiving Legendsâ€• award) reveal why these therapists are such effective helpers, what makes their theories so popular, and most important, what makes them tick. This unique book lets you â€œrub elbowsâ€• with these consummate professionals and learn more about their theories, ideas, and experiences. *Therapys Best* includes interviews with: Dr. Albert Ellisâ€™ creator of Rational Emotive Behavior Therapy (REBT) and APA Division of Psychotherapyâ€™s â€œLiving Legendâ€• Dr. Edwin Schneidmanâ€™ the foremost expert on suicide prevention, suicidology, and thanatology Richard Nelson Bollesâ€™ author of *What Color Is Your Parachute?* Dr. Dorothy and Dr. Ray Bevcaraâ€™ husband and wife therapists who write textbooks on marriage counseling Dr. Al Mahrerâ€™ father of experiential psychotherapy and APA Division of Psychotherapyâ€™s â€œLiving Legendâ€• Les Greenbergâ€™ father of Emotion-Focused Therapy (EFT) Muriel Jamesâ€™ co-author of *Born to Win* and many more! *Therapys Best* is a must read for professionals who practice counseling and psychotherapy, students preparing to do likewise, and anyone else with an interest in therapyâ€™ and the people who provide it.

*Simply Italian: Easy Recipes That Are Quick to Prepare, Low in Calories, and Kind to Your Budget*, *Dear Mr. Buffett: What an Investor Learns 1,269 Miles from Wall Street*, *The Graphic Art of the Underground: A Countercultural History*, *Climbing Everest: Tales of Triumph and Tragedy on the Worlds Highest Mountain*, *Damaged (David Family Saga- Bayou Rogues Book 1)*, *The Greeks on Stage: 25 Plays from Greek Myths*, *Nigromante (Timun Mas Narrativa)* (Spanish Edition),

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