I Am Free! Are You? tells the horrifying journey of a boy born into a family where abuse was constant and abundant. The long dark path he walked molded and shaped him into the person he would become. Growing up suffering physical, sexual, and mental abuse for thirteen years made it difficult to identify who he was and what his purpose in life would be. Having no love or compassion from his parents, the child lived in total fear, feeling deep shame and guilt. He believed everything that happened to him was his fault and he felt completely numb inside. He was not given guidance for what was normal or morally right. As he grew into an adult, he began conforming, but continued the same cycle of abuse toward his own family members. When he finally hit rock bottom, he connects with the creator of the universe and sees for the first time the depth of Gods love. His path to redemption means facing the horrors of his past and forgiving those who hurt him. He prays for forgiveness for those he hurt, but the hardest part is to forgive himself. I Am Free! is the authors true-life story. About the Author: Jeffery Hardy lives in Florida. He was inspired to write his memoir because he was able to change and stop the cycle of abuse. I have fully recovered from all the past and have been healed spiritually. Through this journey, I have finally been able to give something back that I never thought was possible. I gave back love. Love is freedom. Publishers website: http://sbpra.com/JefferyHardy

A Tsunami Tale: A Story And Handbook On Grief, Past Visions of the Future: Some Perspectives on the History of the University of Hong Kong, Habits: The 10 Most Powerful Habits of Successful People That Take Five Minutes or Less (Habits of Highly Effective People- Habits of Grace- Habits of ... Habits of Successful People- Power of Habit), Maybe This Christmas (Snow Crystal trilogy, Book 3), For To Do the Country Good: The Working Horse in West Central Scotland, Sex Boat: An Erotic Novella About Sex on a Boat, Hide: The Black Letters Series Part One (Volume 1), Adobe Flash CS5 (German Edition), Mini Encyclopedia of Garden Ponds: How to Plan, Construct and Maintain a Vibrant Pond That Will Enhance Your Garden,

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